

J. LYN PATRICK, N.D.
CURRICULUM VITA

Residence: 292 1st St.
Mancos, CO. 81328
Office: Durango Natural Medicine
117 CR 250 Suite A
Durango, CO 81301
Phone: 970-247-0737
Fax: 970-247-0697
Email: lpatrick@frontier.net

Employment History:

Faculty Member
Certification Course in Environmental Medicine
The Southwest College of Naturopathic Medicine
2140 E. Broadway Rd. Tempe, AZ 85282
480-858-9100

January 2004- present

Faculty member for 1 year postgraduate course in diagnosis and treatment of exposure-related environmental illness. Responsible for lectures and evaluation of participants in the area of heavy metal exposure and treatment.
Course qualifies for category 1 CME for MD, DO, ND continuing education.

Lyn Patrick ND
Durango Natural Medicine
117 CR 250 Suite A
Durango, CO 81301
970-247-0737
970-247-6097 (fax)

September 2003-present

Naturopathic private practice specializing in environmental exposure-related illness and treatment, chelation therapy, eating disorders, chronic hepatitis C.

Hepatitis C Ambassadors
Brainstorming Team
Hepatitis C Caring Ambassadors Program

PO Box 1748
Oregon City, Ore. 97045
877-737-HEPC

August 1999- June 2008

Physician-member of national consulting team consisting of research hepatologists, epidemiologists, licensed acupuncturists, public health physicians, and patient advocates to create new strategies for the education and treatment of chronic hepatitis C. Duties include research and reviews of CAM literature and chapter assignments for a book on integrative treatment of hepatitis C, evaluation of CAM research design and implementation projects, and curriculum design for continuing education materials in hepatitis C education and training for CAM practitioners, including licensed acupuncturists and licensed naturopathic physicians.

Contributing Editor
Alternative Medicine Review
25820 Highway 2 West
Sandpoint, ID 83864

June 1999- present

Contributing Editor responsible for review and editing of original research and literature reviews submitted for peer review Medline-indexed journal. Authored literature reviews in various subjects pertaining to complementary/alternative medicine and clinical nutrition. Published 10 peer-reviewed articles and 12 monographs on botanical and nutritional medicine from April 1999 to September 2002.

Medical Director
Mirasol, Inc.
5366 N. Camino de la Culebra
Tucson, AZ. 85750

April 2000 to April 2002

Medical Director of inpatient treatment facility for females diagnosed with eating disorders. Responsible for ongoing assessment and care of patients in 10 bed inpatient facility and patients participating in daily outpatient treatment. Supervised staff of CAM practitioners and facilitated weekly chart review.

Lyn Patrick, N.M.D.
General Family Practice
Specialty in Nutritional Medicine and Traditional Chinese Medicine
540 W. Prince Rd. Suite A
Tucson, AZ. 81326

September 1985 to April 2000

Full-time general family practice focusing on preventive medicine and patient education, specializing in Chemical Dependency, Eating Disorders, HIV and chronic Hepatitis C Infection and Women's Health Care.

Adjunct Faculty Member

Southwest College of Naturopathic Medicine and Health Sciences

6535 E. Osborn Road, Suite 703
Scottsdale, AZ 85251

March 1994 to June 1995

Responsible for curriculum design, course objectives, etc. for Oriental Medicine II, III, and IV. Taught O.M. II as a three day (20 hours of classroom instruction) intensive and O.M. III and O.M. IV as weekly 4 hour lecture/lab class for total of 32 classroom hours per course. Responsibilities included writing and evaluating exams and individual student evaluations. Also presented individual lectures in Patient Management course.

Medical Director, HIV Wellness Program

P. A. C. T. for Life/ El Rio Early Intervention Center

801 W. Congress St.
Tucson, AZ 85746

August 1994 to March 1996

Designed and implemented federally-funded wellness program for HIV positive patients. Managed CAM care for 150 patients and lectured on subjects relevant to HIV self-care (immune monitoring, medication-nutrient interaction, nutrition, botanical immune modulation, etc.) Supervised medical and nursing students from University of Arizona Medical School and University of Arizona School of Nursing. Presently supervising bimonthly acupuncture clinic through Wellness Program.

Consulting Physician

Paula Maas D. O. General Family Practice

1601 N. Tucson Blvd, Ste 37
Tucson, AZ 85716

May 1987 to April 1994

Worked with patients in private practice setting to develop therapeutic nutrition programs for treatment of cardiovascular disease, obesity, chronic pain, etc. Worked with team of physicians, psychotherapists, and exercise physiologist to develop and implement weight

management program. Developed patient education brochures and handouts for implementation of nutrition education program and weight management.

Consultant

Sierra Tucson, Inc.

16500 N. Lago del Oro Parkway
Tucson, AZ 85737

November 1991 to June 1993

Consultant for design and implementation of inpatient nicotine treatment program in large psychiatric hospital and substance abuse treatment facility. Designed and supervised treatment that included daily acupuncture, hydrotherapy, exercise program and group psychotherapy. Co-led psychotherapy sessions with staff therapist.

The Smoking Alternative

Outpatient Nicotine Dependency Treatment Program

1601 N. Tucson Blvd, Ste 13
Tucson, AZ 85716

September 1987 to March 1992

Medical Director of comprehensive smoking cessation program. Responsible for intake and assessment of incoming patients, and design of eight session patient education lecture series on nicotine addiction, recovery, physiopathology of nicotine, etc. Trained counselors in running therapy groups for recovering smokers and their families. Designed and implemented acupuncture-based treatment program. Successfully marketed program to private sector, physician groups and employee wellness programs.

EDUCATIONAL HISTORY

Bachelor of Science Degree in Nutritional Biochemistry 1978

The Evergreen State College
2700 Evergreen Parkway NW
Olympia, WA 98505

Doctorate in Naturopathic Medicine 1984

Bastyr University
14500 Juanita Drive
Kenmore, WA 98028-4966

PUBLICATIONS

Dufault R, LeBlanc B, Schnoll R, Cornett C, Schweitzer L, Wallinga D, Hightower J, Patrick L, Lukiw WJ. Mercury from chlor-alkali plants: measured concentrations in food product sugar. *Environ Health*. 2009 Jan 26;8:2.

Patrick L. Iodine: deficiency and therapeutic considerations. *Altern Med Rev*. 2008 Jun;13(2):116-27. Review.

Patrick L. Restless legs syndrome: pathophysiology and the role of iron and folate. *Altern Med Rev*. 2007 Jun;12(2):101-12. Review.

Patrick L. Lead Toxicity a review of the literature. Part II: The role of free radical damage and the use of antioxidants in the pathology and treatment of lead toxicity. *Altern Med Rev* 2006;11(2):114-127.

Patrick L. Lead toxicity, a review of the literature. Part 1: Exposure, evaluation, and treatment. *Altern Med Rev*. 2006 Mar;11(1):2-22

Patrick L. Selenium biochemistry and cancer: a review of the literature. *Altern Med Rev* 2004;9(3):239-258.

Patrick L. Toxic metals and antioxidants: part 2. The role of antioxidants in arsenic and cadmium toxicity. *Altern Med Rev* 2003;8(2):106-128.

Patrick L. Mercury toxicity and antioxidants: part 1. Role of glutathione and alpha-lipoic acid in the treatment of mercury toxicity. *Altern Med Rev* 2002;7(6):456-471.

Patrick L. Nonalcoholic fatty liver disease: relationship to insulin sensitivity and oxidative stress. Treatment approaches using vitamin E, magnesium, and betaine. *Altern Med Rev* 2002;7(4):276-291.

Patrick L. Eating disorders: a review of the literature with emphasis on medical complications and clinical nutrition. *Altern Med Rev* 2002;7(3):184-202.

Patrick L. Uzick M. Cardiovascular disease: C-reactive protein and the inflammatory disease paradigm: HMG-CoA reductase inhibitors, alpha-tocopherol, red yeast rice, and olive oil polyphenols. A review of the literature. *Altern Med Rev* 2001; 6(3):248-71.

Dunn-Merritt, S. Patrick L. *Everything You Need to Know About Osteoporosis. The Natural Pharmacist Series*. Roseville CA: Prima Pub; 2000.

Dunn-Merritt S, Gilman A, Patrick L. *Preventing Osteoporosis with Ipriflavone. The Natural Pharmacist Series*. Roseville CA: Prima Pub; 2000.

Patrick L. Beta-carotene: the controversy continues. *Altern Med Rev* 2000; 5(6):530-45.

Patrick L. Nutrients and HIV: part 3-N-acetylcysteine, alpha-lipoic acid, L-glutamine, and L-carnitine. *Altern Med Rev* 2000; 5(4):290-305

Patrick L. Nutrients and HIV: part 2-vitamins A and E, zinc, B-vitamins, and magnesium. *Altern Med Rev* 2000; 5(1):39-51

Patrick L. Nutrients and HIV: part 1- beta carotene and selenium. *Altern Med Rev* 1999;4(6):403-13.

Patrick L. Hepatitis C: epidemiology and review of complementary/alternative medicine treatments. *Altern Med Rev* 1999;4(4): 220-38.

Patrick L. The treatment of hepatitis C: emerging evidence of the need for change. *Altern Med Rev* 1999; 4(4):219

Patrick L. Comparative absorption of calcium sources and calcium citrate malate for the prevention of osteoporosis. *Altern Med Rev* 1999;4(2):74-85.

Patrick L. The Biochemistry and Pathology of Nicotine Dependence. *Journal of Naturopathic Medicine* 1998; 8(2):45-48.